

# aractech

Global Learning for Operational Leaders

LEADERSHIP AND MANAGEMENT | LM-005

## The Essentials of Leadership

### Contact

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### Address

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# Course content

## Why Attend

The human tragedy and economic devastation that recent world events have bestowed on mankind, forces all to profoundly reflect on how we rebuild the future. In facing this challenge, the role of leadership has never been more critical to regenerate, repair and restore human sustainability.

Unpredictability, uncertainty and chaos have become the “new normal” in the leadership environment.

## Course Methodology

## Course Objectives

- Select and apply pragmatic techniques to, build potential, collective commitment, innovation and approve decision making
- Review, reframe and enhance leadership strengths; adopt and applying new skills and practices to manage, unforeseen crises
- Appreciate diversity and utilise focused solutions techniques
- Build trust and personal credibility through focused communication, persuasion and influencing skills
- Demonstrate holistic leadership –that is agile, responsive and resilient to the needs of the organisation, its people, the wider society and the global environment

## Target Audience

- This The Essentials of Leadership training course is suitable to a wide range of professionals but will greatly benefit:
- Former attendees of the Management Essentials programme
- Employees seeking to progress their career from current management roles
- HR professionals whose role involving coaching and support of leadership teams

# Course outline

## Detailed course outline

Day-by-day outline for The Essentials of Leadership.

### Day 1 - Agility – the Norm

- Leadership Principles, Perceptions and Praxis: essential themes
- Changing Paradigms, New Demands and Enlightened Leadership
- The New Normal; changing environments, expectations and challenges
- Leadership by “design”, building agile, responsive and decisive leadership
- The Leader Within; innate qualities personality performance, style and outputs
- The External Environment; leading and navigating in turbulent times

### Day 2 - Leading Exceptional Performance

- The Leadership Management Debate. Do I Lead or Manage?
- What Leadership style does my organisation require?
- 360 Leadership; competence assessment, review and peer coaching
- Leading the focused agile team.: mission, vision values and SMARTER measures
- Communicating Organisational and clarifying team purpose
- Charismatic leaders and Storytelling: acknowledging success and lessons learned

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### Day 3 - Leadership that Inspires

- Trust- the essential ingredient in the new normal
- Motivational leadership: the Emotionally Intelligent leaders
- Engagement and well-being: Scope, Support, Connection, Voice
- Diagnostic tools for organisational and team development
- Whole brain thinking divergent and convergent thinking
- Decision Making and the power of diverse thinking

### Day 4 - Leading an Innovative Culture

- Leading change and transition issues ingenuity and innovation
- Solution focused methodology: Accentuating the positive and the possibilities
- Utilising soft system methodology for innovative insights into change
- Using Nature and multiple intelligences for creative outcomes
- Assessing culture and organisational creativity for agile responsiveness
- Entrepreneurial creativity. How creative am I?

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### Day 5 - Leadership Priorities

- Global chaos: impact, learnings and responses
- Resilience, Well-being and Mindfulness: key people deliverables
- Planning for Crisis; beware the “black swans”
- Ethical leadership for sustainable organisations
- Reframing the Business Model Canvas to create value and sustainability
- Action planning for future improvement

# Seminar dates

## Available seminar dates

Live dates and pricing for The Essentials of Leadership generated from the course details page.

Date	Location	Format	Fee
18 - 22 May 2026	Barcelona	Classroom	€2,695
22 - 26 June 2026	Frankfurt	Classroom	€2,275
13 - 17 July 2026	Rome	Classroom	€2,975
17 - 21 August 2026	Kuala lumpur	Classroom	€1,575
21 - 25 September 2026	Barcelona	Classroom	€2,695
19 - 23 October 2026	London	Classroom	€2,940
2 - 6 November 2026	Munich	Classroom	€2,415

**Live online option**

Online delivery is available at €1,250.