



HEALTH SAFETY AND ENVIRONMENT | HSE-008

Occupational Health and Safety for Supervisors

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Course content

Why Attend

Supervisors are the people most directly responsible for how work is carried out every day, which makes them central to preventing injuries and ill health. Yet many are promoted for technical skill without training in how to lead safety.

This Aractech course equips supervisors with practical knowledge of health and safety responsibilities, hazard identification, risk assessment, safe systems of work, toolbox talks, incident reporting and leading safe behaviours in their teams. Participants practise the conversations and routines that make safety part of daily work.

Course Methodology

- Interactive presentations
- Workplace scenario exercises
- Toolbox talk practice
- Incident case studies
- Personal action planning

Course Objectives

- Understand the legal and moral responsibilities of supervisors
- Identify workplace hazards and assess risks
- Implement safe systems of work and controls
- Deliver effective toolbox talks and briefings
- Report and investigate incidents and near misses
- Lead safe behaviours and intervene confidently

Course content

Target Audience

- Supervisors and team leaders
- Foremen and shift leaders
- Newly appointed supervisors
- Maintenance and operations supervisors

Course outline

Detailed course outline

Day-by-day outline for Occupational Health and Safety for Supervisors.

Day 1 - The Supervisor's Safety Role

- 09:00-09:39 | Why safety matters
- 09:39-10:18 | Legal duties and responsibilities
- 10:18-10:57 | Cost of accidents
- 10:57-11:00 | Safety leadership at supervisor level
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Safety leadership at supervisor level (continued)
- 12:05-12:43 | Safety culture
- 12:43-14:00 | Exercise: Reviewing your team's risks

Day 2 - Hazards and Risk Assessment

- 09:00-09:39 | Common workplace hazards
- 09:39-10:18 | Hazard spotting
- 10:18-10:57 | Risk assessment steps
- 10:57-11:00 | Hierarchy of controls
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Hierarchy of controls (continued)
- 12:05-12:43 | Recording assessments
- 12:43-14:00 | Workshop: Risk assessment of a task

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Day 3 - Safe Systems of Work

- 09:00-09:39 | Procedures and method statements
- 09:39-10:18 | Permits to work basics
- 10:18-10:57 | Personal protective equipment
- 10:57-11:00 | Housekeeping
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Housekeeping (continued)
- 12:05-12:43 | Contractors and visitors
- 12:43-14:00 | Exercise: Preparing a job safety analysis

Day 4 - Communication and Behaviour

- 09:00-09:39 | Toolbox talks
- 09:39-10:18 | Pre-task briefings
- 10:18-10:57 | Safety observations
- 10:57-11:00 | Intervening in unsafe acts
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Intervening in unsafe acts (continued)
- 12:05-12:43 | Recognition of safe behaviour
- 12:43-14:00 | Practice: Delivering a toolbox talk

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Day 5 - Incidents and Continuous Improvement

- 09:00-09:45 | Incident and near-miss reporting
- 09:45-10:30 | Basic investigation
- 10:30-11:00 | Corrective actions
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Corrective actions (continued)
- 11:45-12:30 | Health and wellbeing
- 12:30-13:15 | Monitoring performance
- 13:15-14:00 | Capstone: Supervisor safety action plan

Seminar dates

Available seminar dates

Live dates and pricing for Occupational Health and Safety for Supervisors generated from the course details page.

Date	Location	Format	Fee
9 - 13 November 2026	Kuala lumpur	Classroom	€1,925
16 - 20 November 2026	Vienna	Classroom	€3,225
7 - 11 December 2026	Barcelona	Classroom	€2,815
14 - 18 December 2026	Barcelona	Classroom	€2,815
18 - 22 January 2027	London	Classroom	€2,315
15 - 19 February 2027	Frankfurt	Classroom	€1,875
15 - 19 March 2027	Barcelona	Classroom	€2,815
19 - 23 April 2027	Frankfurt	Classroom	€1,875
17 - 21 May 2027	Rome	Classroom	€3,460
21 - 25 June 2027	Kuala lumpur	Classroom	€1,925

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Date	Location	Format	Fee
19 - 23 July 2027	Barcelona	Classroom	€2,815
16 - 20 August 2027	Geneva	Classroom	€4,315
20 - 24 September 2027	Amsterdam	Classroom	€2,830
18 - 22 October 2027	Istanbul	Classroom	€1,978
15 - 19 November 2027	Rome	Classroom	€3,460
20 - 24 December 2027	Istanbul	Classroom	€1,978
9 - 13 November 2026	Online / Live	Online / Live	€1,815
16 - 20 November 2026	Online / Live	Online / Live	€1,815
7 - 11 December 2026	Online / Live	Online / Live	€1,815
14 - 18 December 2026	Online / Live	Online / Live	€1,815

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15 - 19 February 2027	Online / Live	Online / Live	€1,815
15 - 19 March 2027	Online / Live	Online / Live	€1,815
19 - 23 April 2027	Online / Live	Online / Live	€1,815
17 - 21 May 2027	Online / Live	Online / Live	€1,815
21 - 25 June 2027	Online / Live	Online / Live	€1,815
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