



LEADERSHIP AND MANAGEMENT | LM-047

Leadership Decision-Making Under Pressure

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Course content

Why Attend

Leaders often make important decisions under time pressure, uncertainty and scrutiny. Pressure can narrow thinking and increase errors unless leaders use structured approaches.

This Aractech course covers how pressure affects judgement, decision frameworks, rapid situation assessment, involving others, managing risk, ethical considerations, communicating decisions and learning from outcomes, through practical simulations.

Course Methodology

- Simulations
- Decision exercises
- Case studies
- Group discussions
- Reflection

Course Objectives

- Understand the effects of pressure on decisions
- Apply structured decision frameworks
- Assess situations rapidly
- Involve the right people at the right time
- Balance risk, speed and ethics
- Communicate and learn from decisions

Target Audience

- Senior and middle managers
- Operations leaders

Course content

- Project leaders
- Emergency and crisis leaders

Course outline

Detailed course outline

Day-by-day outline for Leadership Decision-Making Under Pressure.

Day 1 - Pressure and Judgement

- 09:00-09:45 | Stress and cognition
- 09:45-10:30 | Biases
- 10:30-11:00 | Decision styles
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Decision styles (continued)
- 11:45-12:30 | Self-awareness
- 12:30-14:00 | Exercise: Decision style profile

Day 2 - Decision Frameworks

- 09:00-09:45 | Structured approaches
- 09:45-10:30 | Rapid assessment
- 10:30-11:00 | Options
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Options (continued)
- 11:45-12:30 | Criteria
- 12:30-14:00 | Workshop: Framework practice

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Day 3 - Involving Others

- 09:00-09:45 | Consultation
- 09:45-10:30 | Delegating decisions
- 10:30-11:00 | Group decisions
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Group decisions (continued)
- 11:45-12:30 | Challenge
- 12:30-14:00 | Simulation: Team decision

Day 4 - Risk and Ethics

- 09:00-09:45 | Risk assessment
- 09:45-10:30 | Reversible decisions
- 10:30-11:00 | Ethical dilemmas
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Ethical dilemmas (continued)
- 11:45-12:30 | Accountability
- 12:30-14:00 | Case study: High-pressure decision

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Day 5 - Communicating and Learning

- 09:00-09:45 | Explaining decisions
- 09:45-10:30 | Adjusting course
- 10:30-11:00 | Reviews
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Reviews (continued)
- 11:45-12:30 | Personal plan
- 12:30-14:00 | Capstone: Decision simulation

Seminar dates

Available seminar dates

Live dates and pricing for Leadership Decision-Making Under Pressure generated from the course details page.

Date	Location	Format	Fee
2 - 6 November 2026	Barcelona	Classroom	€2,815
21 - 25 December 2026	Frankfurt	Classroom	€1,875
18 - 22 January 2027	London	Classroom	€2,315
15 - 19 February 2027	Istanbul	Classroom	€1,978
15 - 19 March 2027	Vienna	Classroom	€3,225
19 - 23 April 2027	Barcelona	Classroom	€2,815
17 - 21 May 2027	Paris	Classroom	€3,825
21 - 25 June 2027	Frankfurt	Classroom	€1,875
19 - 23 July 2027	Barcelona	Classroom	€2,815
16 - 20 August 2027	Frankfurt	Classroom	€1,875

Seminar dates

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Date	Location	Format	Fee
20 - 24 September 2027	London	Classroom	€2,315
18 - 22 October 2027	Istanbul	Classroom	€1,978
15 - 19 November 2027	Cape Town	Classroom	€1,625
20 - 24 December 2027	Barcelona	Classroom	€2,815
2 - 6 November 2026	Online / Live	Online / Live	€1,815
21 - 25 December 2026	Online / Live	Online / Live	€1,815
18 - 22 January 2027	Online / Live	Online / Live	€1,815
15 - 19 February 2027	Online / Live	Online / Live	€1,815
15 - 19 March 2027	Online / Live	Online / Live	€1,815
19 - 23 April 2027	Online / Live	Online / Live	€1,815

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17 - 21 May 2027	Online / Live	Online / Live	€1,815
21 - 25 June 2027	Online / Live	Online / Live	€1,815
19 - 23 July 2027	Online / Live	Online / Live	€1,815
16 - 20 August 2027	Online / Live	Online / Live	€1,815
20 - 24 September 2027	Online / Live	Online / Live	€1,815
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