



HEALTH SAFETY AND ENVIRONMENT | HSE-029

First Aid and Medical Emergency Management at Work

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Course content

Why Attend

Medical emergencies at work, from injuries to heart attacks, require a fast and organised response. Employers must assess first aid needs and ensure that trained people, equipment and procedures are in place.

This Aractech course covers first aid needs assessment, organising first aid provision, managing medical emergencies, links with emergency services, remote site medical support, records and legal requirements. It includes awareness of basic life support principles. This is a management course and does not award a first aid certificate.

Course Methodology

- Presentations
- Needs assessment exercise
- Scenario discussions
- Demonstrations
- Planning workshop

Course Objectives

- Assess first aid needs for a workplace
- Organise first aiders, equipment and facilities
- Plan responses to medical emergencies
- Coordinate with emergency services and medical providers
- Manage medical support at remote sites
- Maintain records and meet legal requirements

Course content

Target Audience

- HSE professionals
- Facilities managers
- HR managers
- Supervisors

Course outline

Detailed course outline

Day-by-day outline for First Aid and Medical Emergency Management at Work.

Day 1 - First Aid at Work Requirements

- 09:00-09:39 | Legal requirements
- 09:39-10:18 | Needs assessment
- 10:18-10:57 | Number of first aiders
- 10:57-11:00 | Facilities and kits
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Facilities and kits (continued)
- 12:05-12:43 | Records
- 12:43-14:00 | Exercise: Needs assessment

Day 2 - Medical Emergencies

- 09:00-09:45 | Common workplace emergencies
- 09:45-10:30 | Basic life support awareness
- 10:30-11:00 | Defibrillators
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Defibrillators (continued)
- 11:45-12:30 | Bleeding and burns
- 12:30-13:15 | Chemical exposure
- 13:15-14:00 | Scenario: Workplace collapse

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Day 3 - Emergency Response Organisation

- 09:00-09:39 | Response procedures
- 09:39-10:18 | Communication
- 10:18-10:57 | Emergency services
- 10:57-11:00 | Escalation
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Escalation (continued)
- 12:05-12:43 | Drills
- 12:43-14:00 | Workshop: Response procedure

Day 4 - Remote and High-Risk Sites

- 09:00-09:39 | Remote medical support
- 09:39-10:18 | Telemedicine
- 10:18-10:57 | Medical evacuation
- 10:57-11:00 | Travel health
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Travel health (continued)
- 12:05-12:43 | Contractor arrangements
- 12:43-14:00 | Case study: Remote site emergency

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Day 5 - Management and Review

- 09:00-09:45 | Training programmes
- 09:45-10:30 | Equipment checks
- 10:30-11:00 | Post-incident support
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Post-incident support (continued)
- 11:45-12:30 | Reviews
- 12:30-13:15 | Improvement
- 13:15-14:00 | Capstone: Medical emergency plan

Seminar dates

Available seminar dates

Live dates and pricing for First Aid and Medical Emergency Management at Work generated from the course details page.

Date	Location	Format	Fee
11 - 15 January 2027	Frankfurt	Classroom	€1,875
8 - 12 February 2027	Barcelona	Classroom	€2,815
8 - 12 March 2027	Frankfurt	Classroom	€1,875
12 - 16 April 2027	Rome	Classroom	€3,460
10 - 14 May 2027	Kuala lumpur	Classroom	€1,925
14 - 18 June 2027	Barcelona	Classroom	€2,815
12 - 16 July 2027	Geneva	Classroom	€4,315
9 - 13 August 2027	Frankfurt	Classroom	€1,875
13 - 17 September 2027	Barcelona	Classroom	€2,815
11 - 15 October 2027	Frankfurt	Classroom	€1,875

Seminar dates

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Date	Location	Format	Fee
8 - 12 November 2027	Rome	Classroom	€3,460
13 - 17 December 2027	Kuala lumpur	Classroom	€1,925
11 - 15 January 2027	Online / Live	Online / Live	€1,815
8 - 12 February 2027	Online / Live	Online / Live	€1,815
8 - 12 March 2027	Online / Live	Online / Live	€1,815
12 - 16 April 2027	Online / Live	Online / Live	€1,815
10 - 14 May 2027	Online / Live	Online / Live	€1,815
14 - 18 June 2027	Online / Live	Online / Live	€1,815
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