



aractech

Global Learning for Operational Leaders

BUSINESS CONTINUITY AND CRISIS MANAGEMENT | BCCM-006

Business Continuity Management & IT Disaster Recovery

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Course content

Why Attend

Business disruptions, cyber incidents, natural disasters, and infrastructure failures can significantly impact organizational operations. This course equips participants with the knowledge and practical skills to develop, implement, maintain, and continually improve Business Continuity Management (BCM) and IT Disaster Recovery (ITDR) programs aligned with international best practices. Participants will learn how to build organizational resilience, minimize operational downtime, protect critical business services, and ensure rapid recovery from disruptive events.

Course Methodology

- The course combines instructor-led presentations, practical workshops, Business Impact Analysis (BIA) exercises, disaster recovery planning activities, case studies, crisis simulations, group discussions, and real-world scenarios based on industry best practices.

Course Objectives

- Understand the principles and lifecycle of Business Continuity Management
- Develop Business Continuity and IT Disaster Recovery strategies aligned with organizational objectives
- Conduct Business Impact Analysis (BIA) and risk assessments
- Establish recovery objectives and continuity strategies for critical business services
- Design crisis management structures and emergency response frameworks
- Develop, test, maintain, and continually improve BCM and ITDR plans

Target Audience

- Business continuity managers
- IT managers and IT infrastructure professionals
- Risk management professionals
- Information security professionals

Course outline

Detailed course outline

Day-by-day outline for Business Continuity Management & IT Disaster Recovery.

Day 1 - Business Continuity Management Foundations

- Understanding the principles, objectives, and lifecycle of Business Continuity Management
- Reviewing the requirements and best practices of ISO 22301 for Business Continuity Management Systems
- Establishing business continuity policies, governance structures, and program management frameworks
- Embedding business continuity into organizational culture and business processes
- Conducting Business Impact Analysis (BIA) to identify critical business activities and dependencies
- Determining maximum tolerable downtime and business recovery priorities

Day 2 - Business Continuity Strategy Development

- Developing recovery strategies for critical business functions and supporting technologies
- Establishing Recovery Time Objectives (RTOs) and Recovery Point Objectives (RPOs)
- Evaluating worst-case disruption scenarios and organizational response options
- Selecting business continuity solutions based on operational, technical, and financial considerations
- Planning backup facilities, critical resources, and recovery capabilities
- Establishing Business Continuity and Disaster Recovery governance teams and responsibilities

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Day 3 - Crisis Management and Organizational Response

- Understanding crisis management principles and organizational command structures
- Establishing incident management teams and defining roles and responsibilities
- Implementing incident command frameworks for coordinated emergency response
- Managing emergency operations centers and decision-making processes
- Developing communication strategies for employees, customers, regulators, media, and stakeholders
- Strengthening organizational resilience through crisis management exercises and scenario planning

Day 4 - IT Disaster Recovery and Technology Resilience

- Understanding the relationship between Business Continuity Management and IT Disaster Recovery
- Identifying disaster declaration criteria and recovery activation procedures
- Prioritizing life safety, emergency response, and operational recovery activities
- Developing IT recovery strategies for systems, networks, communications, and critical infrastructure
- Evaluating disaster recovery technologies including backup, replication, cloud recovery, and redundancy
- Managing cybersecurity incidents, ransomware attacks, and technology disruptions within BCM frameworks

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Day 5 - Business Continuity Validation, Testing, and Continuous Improvement

- Maintaining and governing Business Continuity and Disaster Recovery programs
- Conducting internal reviews, audits, and performance evaluations of continuity arrangements
- Designing and managing business continuity exercises, simulations, and recovery testing
- Evaluating exercise results, identifying improvement opportunities, and updating continuity plans
- Developing organizational awareness, competency, and business continuity training programs
- Building a culture of resilience through continuous improvement and governance

A high-angle photograph of three business professionals in a meeting. They are seated around a wooden table with various documents, a laptop, and a coffee cup. The scene is brightly lit, and the participants are engaged in discussion.

Seminar dates

Available seminar dates

Live dates and pricing for Business Continuity Management & IT Disaster Recovery generated from the course details page.

Date	Location	Format	Fee
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