



aractech

Global Learning for Operational Leaders

PLANNING AND STRATEGY MANAGEMENT

Building an Agile Mindset and Being Agile in the Workplace

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Course content

Why Attend

Course Introduction

In today's rapidly evolving work environment, where cost-cutting and resource scarcity are prevalent, managing conflicting priorities and maintaining a work-life balance can be challenging. The pressure to stay motivated amidst setbacks, negative feedback, and tight deadlines, coupled with the need to meet rising expectations from both internal stakeholders and customers, can be overwhelming.

Course Methodology

Course Objectives

Target Audience

Course outline

Detailed course outline

Day-by-day outline for Building an Agile Mindset and Being Agile in the Workplace.

Day 1 - Agility as a Concept

- Definition of “agility”
- Definition of a “mindset”
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

Day 2 - Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset
- Practical examples, case studies and role-play

Day 3 - Organisational Agility – Part I

- What is an agile organisation?
- What is holding organisations back
- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

Course outline

Detailed course outline

Day-by-day outline for Building an Agile Mindset and Being Agile in the Workplace.

Day 4 - Organisational Agility – Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming

Day 5 - Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?
- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement

Seminar dates

Available seminar dates

Live dates and pricing for Building an Agile Mindset and Being Agile in the Workplace generated from the course details page.

Date	Location	Format	Fee
15 - 19 June 2026	Barcelona	Classroom	€2,695
20 - 24 July 2026	London	Classroom	€2,940
3 - 7 August 2026	Munich	Classroom	€2,415
7 - 11 September 2026	Amsterdam	Classroom	€2,975
12 - 16 October 2026	Istanbul	Classroom	€1,995
9 - 13 November 2026	Rome	Classroom	€2,975
14 - 18 December 2026	Istanbul	Classroom	€1,995

Live online option

Online delivery is available at €1,250.