



HEALTH SAFETY AND ENVIRONMENT | HSE-015

Behaviour-Based Safety

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Course content

Why Attend

Most incidents involve some form of unsafe behaviour, often influenced by workplace conditions, pressures and culture. Behaviour-based safety programmes focus on observing, understanding and reinforcing safe behaviours.

This Aractech course explains the psychology of behaviour, the ABC model, observation and feedback programmes, peer-to-peer conversations, leadership involvement and how to avoid common pitfalls such as blame. Participants design a behaviour-based safety programme suited to their organisation.

Course Methodology

- Interactive sessions
- Observation practice
- Conversation role plays
- Programme design workshop
- Case studies

Course Objectives

- Explain the principles of behaviour-based safety
- Apply the ABC model to workplace behaviour
- Design observation and feedback programmes
- Hold effective safety conversations
- Engage leaders and workforce in BBS
- Measure and sustain programme effectiveness

Target Audience

- HSE managers and professionals

Course content

- Supervisors and team leaders
- Operations managers
- Safety committee members

Course outline

Detailed course outline

Day-by-day outline for Behaviour-Based Safety.

Day 1 - Understanding Behaviour

- 09:00-09:39 | Why people behave unsafely
- 09:39-10:18 | Human factors
- 10:18-10:57 | ABC model
- 10:57-11:00 | Culture and behaviour
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Culture and behaviour (continued)
- 12:05-12:43 | Limits of BBS
- 12:43-14:00 | Exercise: ABC analysis

Day 2 - Observation Programmes

- 09:00-09:39 | Critical behaviours
- 09:39-10:18 | Observation checklists
- 10:18-10:57 | Sampling
- 10:57-11:00 | Data collection
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Data collection (continued)
- 12:05-12:43 | Avoiding blame
- 12:43-14:00 | Practice: Safety observations

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Day 3 - Safety Conversations

- 09:00-09:39 | Feedback principles
- 09:39-10:18 | Positive reinforcement
- 10:18-10:57 | Challenging unsafe acts
- 10:57-11:00 | Coaching
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Coaching (continued)
- 12:05-12:43 | Listening
- 12:43-14:00 | Role play: Safety conversations

Day 4 - Engagement and Leadership

- 09:00-09:39 | Leadership role
- 09:39-10:18 | Workforce involvement
- 10:18-10:57 | Steering teams
- 10:57-11:00 | Recognition
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Recognition (continued)
- 12:05-12:43 | Communication
- 12:43-14:00 | Case study: BBS programme

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Day 5 - Measurement and Sustainability

- 09:00-09:39 | Leading indicators
- 09:39-10:18 | Data analysis
- 10:18-10:57 | Action planning
- 10:57-11:00 | Avoiding pitfalls
- 11:00-11:30 | Coffee break
- 11:30-12:05 | Avoiding pitfalls (continued)
- 12:05-12:43 | Sustaining momentum
- 12:43-14:00 | Capstone: BBS programme design

Seminar dates

Available seminar dates

Live dates and pricing for Behaviour-Based Safety generated from the course details page.

Date	Location	Format	Fee
9 - 13 November 2026	Rome	Classroom	€3,460
14 - 18 December 2026	Munich	Classroom	€3,225
18 - 22 January 2027	Istanbul	Classroom	€1,978
15 - 19 February 2027	Rome	Classroom	€3,460
15 - 19 March 2027	Istanbul	Classroom	€1,978
19 - 23 April 2027	Vienna	Classroom	€3,225
17 - 21 May 2027	Barcelona	Classroom	€2,815
21 - 25 June 2027	Rome	Classroom	€3,460
19 - 23 July 2027	Geneva	Classroom	€4,315
16 - 20 August 2027	Istanbul	Classroom	€1,978

Seminar dates

Available seminar dates

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Date	Location	Format	Fee
20 - 24 September 2027	Rome	Classroom	€3,460
18 - 22 October 2027	Istanbul	Classroom	€1,978
15 - 19 November 2027	Cape Town	Classroom	€1,625
20 - 24 December 2027	Barcelona	Classroom	€2,815
9 - 13 November 2026	Online / Live	Online / Live	€1,815
14 - 18 December 2026	Online / Live	Online / Live	€1,815
18 - 22 January 2027	Online / Live	Online / Live	€1,815
15 - 19 February 2027	Online / Live	Online / Live	€1,815
15 - 19 March 2027	Online / Live	Online / Live	€1,815
19 - 23 April 2027	Online / Live	Online / Live	€1,815

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17 - 21 May 2027	Online / Live	Online / Live	€1,815
21 - 25 June 2027	Online / Live	Online / Live	€1,815
19 - 23 July 2027	Online / Live	Online / Live	€1,815
16 - 20 August 2027	Online / Live	Online / Live	€1,815
20 - 24 September 2027	Online / Live	Online / Live	€1,815
18 - 22 October 2027	Online / Live	Online / Live	€1,815
15 - 19 November 2027	Online / Live	Online / Live	€1,815
20 - 24 December 2027	Online / Live	Online / Live	€1,815