



PROJECT MANAGEMENT | PM-034

Agile Coaching Skills

Contact

+31 85 7444446
info@aractech.com
https://aractech.com

Address

Waarderweg 50, 2031PB Haarlem - Netherlands.

Course content

Why Attend

Agile coaches help teams and organisations adopt agile ways of working, improve collaboration and deliver value. Coaching requires a blend of agile knowledge, facilitation and human skills.

This Aractech course covers coaching stances, team coaching, facilitation techniques, mentoring and teaching agile practices, coaching leaders, handling dysfunctions and organisational coaching. Participants practise coaching conversations and facilitation.

Course Methodology

- Coaching practice
- Facilitation exercises
- Case studies
- Peer feedback
- Group discussions

Course Objectives

- Explain the role of an agile coach
- Apply coaching, mentoring, teaching and facilitating stances
- Coach teams through common dysfunctions
- Facilitate effective agile events and workshops
- Coach leaders in agile behaviours
- Support organisational agility

Target Audience

- Agile coaches
- Scrum masters

Course content

- Team leads
- Transformation leads

Course outline

Detailed course outline

Day-by-day outline for Agile Coaching Skills.

Day 1 - Agile Coaching Role

- 09:00-09:45 | Coaching stances
- 09:45-10:30 | Agile mindset
- 10:30-11:00 | Coaching contracts
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Coaching contracts (continued)
- 11:45-12:30 | Ethics
- 12:30-14:00 | Exercise: Self-assessment

Day 2 - Team Coaching

- 09:00-09:45 | Team development
- 09:45-10:30 | Dysfunctions
- 10:30-11:00 | Retrospectives
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Retrospectives (continued)
- 11:45-12:30 | Team agreements
- 12:30-14:00 | Practice: Team coaching

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Day 3 - Facilitation

- 09:00-09:45 | Facilitation techniques
- 09:45-10:30 | Workshops
- 10:30-11:00 | Decision-making
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Decision-making (continued)
- 11:45-12:30 | Remote facilitation
- 12:30-14:00 | Practice: Facilitating a session

Day 4 - Coaching Leaders

- 09:00-09:45 | Leadership behaviours
- 09:45-10:30 | Coaching conversations
- 10:30-11:00 | Resistance
- 11:00-11:30 | Coffee break
- 11:30-11:45 | Resistance (continued)
- 11:45-12:30 | Feedback
- 12:30-14:00 | Role play: Coaching a manager

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Day 5 - Organisational Coaching

- 09:00-09:54 | Systems thinking
- 09:54-10:48 | Scaling
- 10:48-11:00 | Measuring progress
- 11:00-11:30 | Coffee break
- 11:30-12:12 | Measuring progress (continued)
- 12:12-13:06 | Personal development
- 13:06-14:00 | Capstone: Coaching plan

Seminar dates

Available seminar dates

Live dates and pricing for Agile Coaching Skills generated from the course details page.

Date	Location	Format	Fee
9 - 13 November 2026	London	Classroom	€2,315
14 - 18 December 2026	Istanbul	Classroom	€1,978
18 - 22 January 2027	Dubai	Classroom	€1,845
15 - 19 February 2027	Munich	Classroom	€3,225
15 - 19 March 2027	Rome	Classroom	€3,460
19 - 23 April 2027	Geneva	Classroom	€4,315
17 - 21 May 2027	Amsterdam	Classroom	€2,830
21 - 25 June 2027	London	Classroom	€2,315
19 - 23 July 2027	Istanbul	Classroom	€1,978
16 - 20 August 2027	Geneva	Classroom	€4,315

Seminar dates

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Live dates and pricing for Agile Coaching Skills generated from the course details page.

Date	Location	Format	Fee
20 - 24 September 2027	Munich	Classroom	€3,225
18 - 22 October 2027	Rome	Classroom	€3,460
15 - 19 November 2027	Geneva	Classroom	€4,315
20 - 24 December 2027	Amsterdam	Classroom	€2,830
9 - 13 November 2026	Online / Live	Online / Live	€1,815
14 - 18 December 2026	Online / Live	Online / Live	€1,815
18 - 22 January 2027	Online / Live	Online / Live	€1,815
15 - 19 February 2027	Online / Live	Online / Live	€1,815
15 - 19 March 2027	Online / Live	Online / Live	€1,815
19 - 23 April 2027	Online / Live	Online / Live	€1,815

Seminar dates

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Date	Location	Format	Fee
17 - 21 May 2027	Online / Live	Online / Live	€1,815
21 - 25 June 2027	Online / Live	Online / Live	€1,815
19 - 23 July 2027	Online / Live	Online / Live	€1,815
16 - 20 August 2027	Online / Live	Online / Live	€1,815
20 - 24 September 2027	Online / Live	Online / Live	€1,815
18 - 22 October 2027	Online / Live	Online / Live	€1,815
15 - 19 November 2027	Online / Live	Online / Live	€1,815
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